



A leading voice on rural education

PRINCIPAL SUPPORTS

Principal welcome pack: Key information for new Prins [Link to Pack](#)

Principal Advisory Service: The Principal Advisory Service team will either support school leaders directly or refer them to the right area for specialist support. Phone 03 7034 6777 or email principal.advisory.service@education.vic.gov.au

Principal Health and Wellbeing: A range of Principal supports including:

- **[School Policy Templates Portal](#)** – access policy templates to download, adapt and use rather than starting from scratch to help minimise administrative workload.
- **[Principal Mentoring](#)** – to reduce isolation and build social capital, this support is provided by the Victorian Academy of Teaching and Leadership and provides up to 12 hours of mentoring over 9 months. [Assistant Principals](#) can also access 8 hours of mentoring over 6 months. Call 03 9084 8500 (contact Manami Roy)
- **[Proactive Wellbeing Support](#)** – allows you to confidentially check in with an independent, trained mental health professional to discuss problems, successes and develop strategies, should things get tough. Access up to 4 sessions per year (or more if required). Call 1300 326 941, email wellbeing@fbgggroup.com.au or register via the [Proactive Wellbeing Support Registration Form](#).
- **[Principal Health checks](#)** – free and confidential proactive health consultations. Health checks are available statewide at approximately 300 locations and conducted independently by an experienced corporate medical services company, [Injurynet](#). Call 1300 307 418 (option 6) or email: principalhealthchecks@injurynet.com.au.
- **[Complex Matter Support](#)** – helps principals to respond to persistent issues that involve frequent and complex written correspondence with advocates, parents or carers. Call the team on 03 7022 1201 or complex.support@education.vic.gov.au.
- **[Early Intervention Program](#)** - provide principal class officers, specialist school staff and those at risk of mental health injury with early support for emerging health and wellbeing risks to prevent them from escalating into more serious health concerns. Call 1300 090 924 or email eiprogram@cogentthinking.com.au

[Link to Principal Health and Wellbeing supports page.](#)

www.cep.org.au
contact@cep.org.au

PO Box 1255
Wangaratta 3676
03 5723 0005



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OTHER SCHOOL LEADER SUPPORTS AVAILABLE

- **[Employee Wellbeing Support Services](#)** - provides free and confidential advice to support Victorian government school staff wellbeing. Delivered externally by Converge, services include a dedicated coaching support for school leaders – Manager Assist. Call 1300 291 071 or book online via the [Converge portal](#) entering the organisational code **mywellbeing**.
- **[Conflict Resolution Support Service](#)** - supports school leadership to address staff workplace issues through expert independent support. The service provides mediation, case conference and facilitated meetings, conflict coaching and team conflict intervention. Call Converge on 1300 684 633 or email consulting@convergeintl.com.au
- **[Medical Advisory Service](#)** - Advice to principals and managers on the management of staff experiencing health-related issues that impact their employment duties. The service includes referrals for independent medical assessments. Call 1300 495 559
- **[Statewide OHS Services](#)** – provides free hands-on services for school OHS and Emergency planning. Call or email the dedicated team within your school's region below:
 - North eastern Victoria region: 03 9057 4430 / NEVR.OHS@education.vic.gov.au
 - North western Victoria region: 03 7022 2794 / NWVR.OHS@education.vic.gov.au
 - South eastern Victoria region: 03 8688 7969 / SEVR.OHS@education.vic.gov.au
 - South western Victoria region: 03 9057 4419 / SWVR.OHS@education.vic.gov.au
- **[School Administration Support Hub \(SASH\)](#)** - assists small schools (up to 200 students) by reducing principals' financial and administrative workloads, enabling them to focus on teaching and strategic planning. Call 03 7022 2231 or email school.administration.support.hub@education.vic.gov.au
- **[Schools Plus](#)** - Philanthropic funding for schools with 5 focus areas of which one is rural schools. Also supports clusters of schools. Must have ICSEA below 1000. Call 02 8880 0296

Field Code Changed

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